



SAFETY EMPHASIS

"SAFETY THROUGH EDUCATION"

A MONTHLY PUBLICATION OF THE COLUMBIA WILLAMETTE CHAPTER
OF THE AMERICAN SOCIETY OF SAFETY ENGINEERS

February 2002

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2000-2001 Executive Board

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Chapter Meeting

February 11, 2002

Dinner Meeting

This month's dinner meeting is a joint partnership with the nurses and the topic for the evening is "Surviving Constant Change, the Pitfalls and the Promises." Our presenter is Louann Beck, Occupational Health Manager for the Vancouver, Washington Division of Hewlett-Packard. Louann holds a BS in Nursing and a MS Degree in Community Health from OHSU. She's in the process of pursuing her Nurse Practitioner in Mental Health from Washington State University. Her graduate level research and professional interest is focused on dealing with psychological factors in the workplace, from substance abuse, to domestic violence, to change management. Come join us for an exciting presentation.

Meeting Location: Governor Hotel, 611 SW 10th Street (10th & alder), downtown Portland

Social Time-5:30pm – Dinner-6:00 pm – Program-7:00pm

Next Meeting: Monday, February 11, 2002

Where is my Safety Emphasis???

If you are asking yourself this question each month then have we got a deal for you!? You can sign up to receive your Emphasis through email. You will no longer have to wait at the mailbox agonizing where your Emphasis is. We all know that feeling don't we? Instead it will come right to your electronic door as soon as I get finished editing it. Over 150 of your fellow chapter members are receiving this days before you do! The newsletter is sent out in adobe acrobat format via email and is relatively small in size. Not only do you get the newsletter, but you also get all of the meeting reminders, etc all in one file.

The best part about this program is, EVERY-ONE wins! Did you know that the Emphasis costs the chapter about \$10,000/year? When you consider the chapter has almost 500 members, thats alot of money that we could be using for other services such as PDC's, door prizes, etc. We also would be saving alot of trees!

Eric V. Becker, MS

Executive Committee Summary - The CWC Executive Committee did not meet in December. However, please check back next month to see what your ECommittee is doing to help all of us grow in our careers!

Mt.St Helens Section News

Membership

The Section is beginning a membership drive as the result of the overwhelming success of the Dan Petersen in November, 2001.

Tony Howard sent word that the OPB fund raising opportunity was not going to be available to us during "Safety Month". This was discussed at length and the *consensus* is to forego the OPB pledge drive and plan to coordinate with either the GOSH conference and/or NAOSH month, May 2003.

Chapter Safety Professional of the Year Nominations...Who Ya Gonna Call??

We are a chapter blessed with an abundance of knowledge and experience.

There isn't a safety and health issue that cannot be resolved if we simply open our directory and start making calls. There isn't a job in the chapter left undone for lack of a willing member. The talent is there for us to draw from and we all know we can count on each other. Who do you count on most from time to time or on a regular basis? Who in our chapter has impressed you with their wisdom and always seems to have the answer to the tough questions? Who is regularly visible carrying the load for the chapter, getting involved in the community, and representing us in Salem? Who in our chapter do you think of when something needs doing or fixing? Who ya gonna call??....and more importantly, why? Not ghost busters, of that I'm certain...no, that person is one of our own dedicated chapter members, one who is probably long overdue for recognition. Now is your chance to show your appreciation for that person by nominating him or her for the Chapter Safety Professional of the Year Award. A single page telling why you believe that person is deserving is all it takes...more if you like. Get your nomination to me by March 31, 2002 and your nominee is in the running. Call me with your questions at 503-526-3125, or email me at aarguedas@baughpdx.com. Thanks for your time. Al Arguedas.

A Member Profile

By Eric V. Becker

*Safety Manager, Frito Lay, Inc.
360.737.3026*

Eric.V.Becker@FritoLay.com

I was told that in the past a member of the CWC has been periodically profiled in the Emphasis. Since some of you may not know me, I thought I would take a little time to tell you about myself.

I was born and raised in Baltimore

Maryland. In 1998, I finished my Master's Degree in Industrial Hygiene at West Virginia University. After completing my degree, I moved to the Pacific Northwest and began working for David W. Bogart Associates as a Safety Engineer in Eugene, OR. During my time in Eugene, I was actively involved in the Cascade Chapter and served as the webmaster, newsletter editor and program chair. In July 2001, I moved to Vancouver, WA and became the Safety Manager at Frito Lay.

February 2002 Brown Bag

Hiring Practices – Are You Sure You Know the Rules?

Background checks are needed because unfortunately, at times, some individuals do give false or incomplete information, or they simply may not want you to know information about their past. But, before you go checking out an applicant, there are some things you should know.

Whether you are in Human Resources, or a potential colleague, do you know which questions are legal to ask and which aren't? Are you comfortable that you are in compliance with the American Disabilities Act? How far can you go in profiling? What are the rules for giving references? What are the penalties for errors? These are some of the situations and questions with which we need to be very familiar when we are considering hiring, or participating in the hiring process. Where do you fit in the pack?

Our speaker this month is Randy Lovell, The St. Paul. Randy is in his 22nd year of his career in construction insurance and risk management, 13 years with private industry and insurance carriers and nine in insurance brokerage. He has specialized in worker's compensation, general liability, and fleet. He served the Hawaii Chapter of the American Society of Safety Engineers in the 1980's, including the office of Chapter President, and is currently Sr.

Risk Control Consultant for the Construction Division of St. Paul & Marine Insurance, based in Vancouver, WA. This is just another way of protecting our employers from unseeing losses so come join us for an excellent presentation on Hiring Practices.

The Brown Bag will be held at the AGC Facility in Wilsonville February 1st 11:30 - 1 PM RSVP to Dave Parsons.

Editor Websites of the Month

I thought I would use some of the extra space to share some interesting safety and health and loss control internet sites.

Insurance News Net

<http://www.insurancenewsnet.com>

This site is updated frequently and contains some of the most up to date news in the world of insurance.

Human Tech

<http://www.humantech.com>

Contains great ergonomic information as well as some free downloads including the NIOSH Lifting Equation

Ergoweb

<http://www.ergoweb.com>

Want to keep up to date on the latest happenings in Ergonomics. Ergoweb has a daily newsfeed that will be emailed to you. Have a question about Ergonomics? There is a feature that will allow you to post your questions and have some of your fellow safety professionals give you some useful feedback.

Note: The websites are not endorsed or supported by the Columbia Willamette Chapter of the ASSE.

January 2002 Brown-Bag Highlights

This month's Brown Bag Lunch was presented by Art Stanley, West Coast Wire Rope. This training session was a great success. Forty members attended the presentation, which is the most we have seen in a long time. Art presented the regulations in regards to nylon slings, wire rope slings, hooks, and chain. He covered the proper way to rig a load and showed formulas to assist with the calculation of the load. When this part of the presentation was complete we gathered around another area and we were shown how a wire rope sling was assembled. But that's not all. When the wire rope sling was complete, we took it out to test area and did destruction test on it. We also did a destruction test on new, used and damaged nylon slings. This demonstration gave everyone a whole new perspective on slings.



Art Stanley Giving Presentation at West Coast Wire Rope

January 2002 Dinner Meeting Highlights

January's dinner meeting was a great success. This night was to honor and support our Student Sections. The overwhelming attendance by students from Oregon State University and Mount Hood Community College was awesome.

The night was started with the signing of our GOSH Partnership Agreement by Peter DeLuca, Administrator for OROSHA and Barb Aguon, our Chapter President.

Our special guest of the night was Carla Rea, Manager of Chapter Services, ASSE National. Carla gave

a presentation on Student Sections and Volunteerism. Her presentation generated a lot of questions.

Brian Clarke, Region 1 ARVP presented Phil Lemons, 2000-2001 Chapter President with the Chapter Achievement Award for a "Large Chapter" category in Region 1. This award was for the Chapters' work during Fiscal Year 2000 - 2001.

Karen Blythe presented the recipients who applied for a grant their grants. These grants included money for our Oregon State University Student Section to get up and running.

When this business was done then the festivities started. The main event of the night was a surprise to everyone. A contest of knowledge about ASSE National, Region 1 and our Chapter was held. Participants from MHCC and OSU along with randomly selected participants from the audience battled for the correct answers to questions presented by Dave Parsons, Vice President of Professional Development. All questions were worth points and the student section that had the most points was declared the winner and would receive \$100 for their section. When all was said and done, both student sections were awarded \$100 for their respective sections. The purpose of the night and the questions was to make students and other members aware of the National Web Page, our Web Page and the Region 1 Web Page. The night turned out to be a total success. A special thanks to Carla Rea and Brian Clarke for being the judges.



Brian Clark presents Phil Lemons with Chapter Achievement Award

2000-2001 Committee Chairs

Past President - Nominating Phil Lemons

Past President - John Remmers

Past President - Eric Fullan

Past President - Karen Blythe

Past President - Bruce Poinsette

Sub-Committee Chairs

Brown Bag Lunch Series- Dave Parsons

Dinner Meetings/ Seminars - Dave Parsons

GOSH Conference - Dan Sabatino

NAOSH Month - Barbara Aguon

ASP/CSP Preparation - Mike Benjamin

Membership/Orientation - Dan Sabatino

By-Laws - Ken Greenhill

Historian - Bruce Conrad

Scholarships - Dan Sabatino

Awards - Al Arguedas

Communications - Mike Benjamin

Student Sections - Mark Hopkins/
Karen Klythe

OSU Student section Faculty Advisor
-Anthony Veltri

Mt Hood Student Section Faculty -
Advisor Javid Mohtasham, PhD

Washington Governors Industrial Safety
and Health Advisory Board - Herb Maxey

Columbia-Willamette Construction
Safety Summit (Practice Specialty) -
Kimberly Gamble

Key Dates to Remember

| February | | |
|----------|------|---|
| 1 | Fri | Brown Bag Lunch 11:30-1:00 |
| 5 | Tues | Santiam Section Meeting - Change of Seasons 7:30am |
| 6 | Wed | Mt. St. Helen's E-Board Meeting Red Lion Kelso 12noon |
| 11 | Mon | Chapter Dinner Meeting - Governor's Hotel 5:30pm |
| 11 | Mon | Safety Emphasis Material Due |
| 21 | Thur | Mt. St. Helen's Section Meeting Red Lion Kelso |
| 21 | Thur | Santiam E-Board Meeting 385 Taylor St NE Salem 4pm |
| 27 | Tues | Construction Safety Summit - North's Buffet/Gresham 11:30am |
| 26 | Tues | E-Committee Meeting - Elmer's 7:30-9:00am |

A Word from Our President...

Generosity is a character Quality. This character quality is about realizing that we are each trustees of all that we have and using everything for the best purpose(s).

In the safety profession, I have experienced generosity beyond words. I continue to see people working so hard for the preservation of others; to reduce risk of injury and illness.

In the Character First! program, this quality is depicted by a pelican. Pelicans give honor, demonstrated by their actions during courting, coming and leaving their nest. Deliberate actions to acknowledge the presence of another. How are we showing our honor to one another with a handshake, a hug, a greeting with words?



Pelicans give each other a lift. They fly in a formation so that each “follower” benefits from the effort of the bird in front. In our Chapter, we have an open invitation to mentor students, colleagues, friends in their commitment to safety and health.

And we continue to branch into areas that require the strength of the leading pelican, and bear the resistance of the wind. We have the Construction Safety Summit as our first active Practice Specialty.

Pelicans give food to their young. We have two student sections that we need to continue to nurture and embrace in our profession. The spectrum of topics and issues that fall under the domain of safety, health and the environment are numerous. Together, we become a phenomenal resource.

Pelicans give their time. The two parent pelicans take turns standing on eggs, they give up their need to eat and drink during this time. And when things go haywire, pelicans just keep giving.

Even pelicans can teach us a few things about life. Are you like a pelican?

Sincerely,

A handwritten signature in cursive script that reads "Barbara Aguon".

Barbara Aguon, AKIM
President



Construction Safety Summit

*A Practice Specialty of the
Columbia Willamette Chapter*
American Society of Safety Engineers

Meeting Notice

The next meeting of the ASSE Columbia Willamette Chapter Construction Safety Summit has been scheduled for:

February 26, 2002

Meeting Agenda:

11:30 am lunch

11:50 am – 12:15 Introductions, Announcements & General Discussion

12:15 – 3:00 Speaker Topic

Speaker(s)/Topic:

Traffic Zone Safety

Dave White, traffic safety consultant and Bill Coburn, traffic work zone supervisor will jointly present traffic zone safety. During this 3 hour training session the speakers will review how a traffic control zone should be set up, troubleshooting traffic control zones, moving of equipment through traffic and a review of real life situations that worked and did not work. (Note: this is not a flagger class)

JJ North's Grand Buffet

10520 NE Halsey, Portland, Oregon
(NE 105th & Halsey)

*All ASSE Construction Safety Summit Meetings are open to anyone interested in construction safety.
ASSE membership is not required to attend.*

Contact Kimberly Gamble at Andersen Construction, (503) 240-3998 extension 127 for more information. To add someone to the mailing list please fax the information to 503 283-1884 or email to king@andersen-const.com.



Construction Safety Summit

*A Practice Specialty of the
Columbia Willamette Chapter*
American Society of Safety Engineers

| Date | Topic | Anticipated Speaker(s) |
|--|--|--|
| February 26, 2002 - 3 Hour Training | Traffic Zone Safety | Dave White, Consultant |
| March 26, 2002 | Overseas Safety Challenges | John Watson, Kinetics Group, Amme Leshner, Bill Knowles, Rosendin Electric |
| April 23, 2002 | DEQ Regulatory Update (Part 1) | Dave White, Oregon DEQ |
| May 21, 2002 (Note, this date is the 3rd Tuesday) | DEQ Asbestos Regulatory Update - Asbestos Management for the Non- abatement Worker | TBA |

The ASSE Columbia-Willamette Chapter Construction Safety Summit Steering Committee is an ad hoc committee that meets prior to each meeting. The steering committee meets prior to each summit meeting at 10:00 am at the Quizmo's in the Gateway Fred Meyer Parking lot on the corner of NE Halsey & NE 102nd. These meetings are open to any ASSE or Summit Member. The ad hoc steering committee invites open participation, suggestions, and comments. Etc. to make this summit as beneficial as possible for its attendees and the construction community. If you cannot attend the meeting but have a suggestion for an upcoming speaker, topic, project for the summit, please contact one of the people listed below.

| | | |
|--|---|--|
| Tim Fasching, Swinerton Tfasching@swinerton.com | Curt Charley, CCSS Services Ccass@firstworld.net | Frank Upham, SD Deacon Upham@deacon.com |
| Al Arguedas, Baugh Construction Aarguedas@baughpdx.com | Brian Clarke, Hoffman Corp. Brian-clarke@hoffmancorp.com | Gary Stonewall, R&H Const. Gstonewall@rhconst.com |
| Phil Lemons, Streimer Sheet Metal Ph_lemons@streimer.com | | Kimberly Gamble, Andersen Const. King@andersen-const.com |



**American Society of Safety Engineers
Columbia-Willamette Chapter
*Presents***



The Anatomy of a Grant: Grantwriting Workshop

WHEN: FEBRUARY 12-13, 2002
TIME: 8:00 AM - 5:00 PM
WHERE: Holiday Inn, 8439 NE Columbia BLVD
Portland, Oregon 97220 (503) 256-5000

You need not be a professional writer to write effective grant proposals. In this two-day workshop you'll learn some practical steps to take toward grantwriting and how to approach the right funders for the dollars you need. We will look at writing three types of grants: federal, state and foundations. You will write part of a state type grant over the two days.

Key Benefits:

Learn funding strategies and discover where funding sources exist.
Learn the 13 sections of a grant proposal for foundations and how these equate to state and federal grants.
Learn the mechanics of good proposal writing for state and federal agencies.

Who Should Attend: Anyone needing an introductory to intermediate course in grantwriting that gives practical tools to use and checklists to follow from planning to writing a successful proposal. Hands on activities help make difficult concepts easier.

Course content: *(Class will be tailored to Safety Professionals)*

Starting with a Reality Check of Your Organization or Agency before you think "Proposal."
Quick Review of 12 Existing Proposal Types.
Learning How to Market your Proposal.
Packaging and Evaluating Your Proposal.
Reviewing 13 Essential Proposal Sections from the Transmittal Letter to the Budget Sheet.
What about the "Mini-proposal" or "Proposal Letter?"
Locating Funding Sources.
Starting to Write Your Own Proposal.
Terms You Must Know to Succeed in the Process.

Cost: \$120.00 members \$150.00 non-members

To register contact: **Dave Parsons, Triad Mechanical, Inc.**
2133 North Argyle, Portland, OR 97217
Phone: 503-289-9000 x 226 Cell: 503-519-1728
email: parsonsd@earthlink.net

Class is limited to 30 attendees. First Registered and paid, first confirmed