



SAFETY EMPHASIS

“SAFETY THROUGH EDUCATION”

A MONTHLY NEWSLETTER OF THE COLUMBIA-WILLAMETTE CHAPTER OF
THE AMERICAN SOCIETY OF SAFETY ENGINEERS

November 2003

www.assecwc.org

Vol. 24 No. 4

2003-2004 Elected Officers

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Bruce Conrad
503/235-6067

Santiam Section

Alan Samarin
503/315-3566

Mt. St. Helens

Chris Carlson
360/397-2446

November Meeting Presentations

Membership Meeting: November 10: Speaker, Buck Cameron, Center for Protection of Workers Rights, *Topic: Construction and Workers Rights*

Brown Bag Lunch: November 7: Host: City of Portland Waste Treatment. Tour of City of Portland Waste Treatment Facility. To sign up for the Brown Bag Lunch, email Mary DeVany at mdevany@earthlink.com. Brown Bag is limited to 35 persons.

Next Membership Meeting
November 10, 2003

Sweetbrier Inn 11:30am - 1:00pm

7125 SW Nyberg Rd, Tualatin

CHAPTER SPONSORS CONTEST

Planning is underway for the 2005 Governor's Occupational Safety and Health (GOSH) Conference. The conference is the result of a partnership between Oregon OSHA and the Columbia Willamette Chapter of ASSE.

Each year a theme is selected for the conference as well as a logo and color scheme. Last year the theme was "Solutions For New Challenges in Safety & Health." This year the GOSH Executive Committee is sponsoring a contest to determine the theme, logo and color scheme for the 2005 GOSH conference.

The winners will receive a paid admission into the conference and their names will be published in all conference literature. Winners will also be recognized at the opening of the conference.

Nominate a theme, color scheme or logo, or nominate all three together. The winners will be selected by the GOSH Executive Committee.

The deadline for this contest is October 31, 2003. So put your thinking caps on and let's come up with some good ideas. Nominations should be emailed to parsonsdrr@earthlink.net

***Volunteers are the Key to our
Success***

Santiam Section News by Alan Samarin

At the October meeting our guest speaker was Sandy Frank, MS, RD, LD, from Salem Hospital, Regional Health Services, speaking on "Demystifying Nutrition - What is Credible?"

Ms. Frank discussed why many of the popular "fad" diets are not always a healthy diet. She reviewed 10 reasons why low-carb diets (like the Atkins Diet) can be wrong for you. Some of the reasons included; higher risk of heart disease, higher cancer risk, gout, kidney stones and others.

Our November speaker will be Cheryl Arpan, Risk Manager for Electro Scientific Industries, Inc. Her topic will be "Laser Safety". Lasers are commonly used in a variety of industries including High Tech, Medical, Telecommunications, Automotive, Lumber Products and General Manufacturing.

Santiam Section meetings are held on the first Tuesday of the month at 7:10 AM at the Chalet Restaurant and Bakery, 3875 Market Street NE, Salem, Oregon. Please email me at alasang@saif.com if you'd like additional information.

Mt. St. Helens by Fred Caron, CSP

Our October 1, 2003 Executive Committee Meeting was called to order by **Chairman-Chris Carlson** at 12:00 noon at the Oak Tree in Woodland. The Trenching and Shoring Competent Person seminar coordinated by **Dick Fabbro** at GP Camas August 26 and 27 was an overwhelming success. The Board recognized **Dick** for all the fine effort.

John Remmers had conducted damage control on the Dog Bite Seminar, but it appears there was one afternoon class too many. **Marsha** reported how

well the seminar went. In total there were 103 attendees.

Thanks to Northwest Natural Gas for sending all their meter readers. The loss to the Section and Chapter appears to only be about \$150.

The October Membership meeting speaker on 10/16/03 will be State Representative Ed Orcutt, who represents the 18th District. His subject will be how safety professionals can make a difference when the legislature is considering legislation that affects the safety and health community. This will be held at Charlies at 7:30 AM.

The November 20 Membership Meeting will feature Ron Bowles, His presentation is titled, "Red Hot Safety Training — How to Create High Impact Safety Training!" This promises to be a great meeting for those who have anything to do with training.

The December Meeting will a dinner meeting on 12/6/03 at the Oak Tree. The next board meeting will be on November 12 at The OAK TREE in Woodland. Change: Note this is the 2nd Wednesday of the month.

Construction Safety Summit News by Michele Potter

Automatic External Deliberators (AED's) are becoming more commonplace from airplanes to the workplace. But what are risks associated with their use and what responsibility does the employer have to provide them? Attend the October 28th Construction Safety Summit and learn important aspects of this lifesaving tool.

We also hope to see you at our next three-hour training session, Tuesday, November 25th at JJ North's Grand Buffet on 105 & Halsey. CEU's are available.

An Invitation

Safety organizations in the northwest try to work together to form key alliances with other local profes-

sional safety groups in hopes to share local news and events. To that end, the Cascade Chapter of the Society of Fire Protection Engineers (SFPE) would like to share information and invite ASSE members to their meetings. SFPE meets the second Thursday of each month at the Multnomah Athletic Club (MAC) in Portland, OR. Meetings start at 11:30 A.M. with a buffet luncheon and a brief presentation by a guest speaker. Presentations vary monthly and cover current industry topics such as fire alarm/sprinkler systems, fire endurance ratings, computer fire models, building commissioning and more. Yearly membership in our local chapter is \$20 and the costs for attending a lunch meeting is \$15. Please contact David M. Smith at 360.759.4408 or check out our website, www.cascadesfpe.org for the latest information.

Governmental Affairs by Bruce Poinsette

Each year workers die from falls often due to lack of training with fall protection equipment and procedures. Responding to this training issue, the American National Standards Institute (ANSI) Z359 Fall Protection Committee met on October 2, 2003, in Des Plaines, IL to revise the Z359.1-1992 standard *Safety Requirements for Personal Fall Arrest Systems*, which will include new sections on fall protection training and competency.

The revised standard will cover a multitude of fall protection issues from training and fall arrest systems to rescue operations, based on the need to aid workers in all elements of fall protection. The committee hopes to finalize the standard by this summer, and begin work on several new fall-related issues such as anchorage points, horizontal lifelines and rope access. Many accidents occur everyday from these unaddressed issues. For more information check A.S.S.E.'s website at www.asse.org.

Region X OSHA Presents Courses in Portland

OSHA 2015: Hazardous Materials 2.5 CEUs December 8-11, 2003 \$575

OSHA 510: Standards for Construction 2.5 CEUs January 5-8, 2004 \$575

OSHA 502: Update Trainer Course for Construction 1.9 CEUs January 21-23, 2004 \$525

OSHA 503: Update Trainer Course for General Industry 1.9 CEUs January 26-28, 2004 Portland \$525

For more information and to register for a course, please visit <http://depts.washington.edu/ehce> or call 800-326-7568



ASSE Goes to the Dogs

by John Remmers

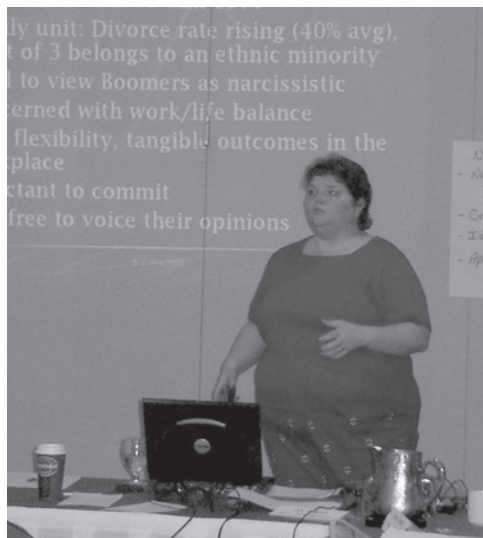
The CWC Chapter and Mt St Helens Section sponsored a 2-day seminar on Occupational Dog Bite Prevention. An audi-

ence of over 100 utility, law enforcement, animal control and others, whose jobs bring them into contact with our canine friends, attended the 4 classes held September 29 & 30, at the IBEW/NECA training center.

Mitzi and Anthony Robinson, Bulli Ray Enterprises, provided instruction on dog behavior, self protection, dealing with customers and their dogs, how to handle a pack of dogs (should they attack), case history of attacks, breed history and then they introduced their dogs.

They brought 4 dogs. 2 Rottweilers, a Belgium Malinois (looks like a German Shepherd, moves like one on too much caffeine) and an Argentine Dogo (looks like a white, Great Dane on steroids). Volunteers were able to dress in protective gear and experience, first hand, what it was like to be attacked by a dog. Everyone paid close attention.

Thanks to Marsha Holborn, Chris Carlson and Norm Brenteson for assisting with registration duties. A special thank you to Mike Murphy and the staff of the IBEW/NECA Training Center, for the use of their beautiful facility.



Carla Rea, Manager of Chapter Services, presents Generational Aptitude Progressive (GAP) Training

National's Manager of Chapter Services Speaks to ROC and CWC

Carla Rea, Manager of Chapter Services attended the Region 1 Operating Committee and presented a training session designed to provide insight and education regarding the five different generations in the work place and in our volunteer organization.

Ms. Rea also presented a half day seminar for the Columbia Chapter.



CWC Hosts Region One Operating Committee

Jack Iriart, (Bakerfield Chapter) Region 1 Vice President (RVP) welcomed representatives from Region 1 to Portland for the operating committee meeting. Region 1 is comprised of chapters in California, Oregon Washington, Hawaii, and Alaska. Mr. Iriart takes the helm from past RVP, Brian Clarke. At the Regional Operating Committee (ROC) meeting, presidents from the chapters within the region meet and discuss challenges and successes within their chapters. The Regional Operating Committee (ROC) serves to motivate, inspire, educate and assist chapters in serving their members.

Key Dates to Remember November

4	Tue	Santiam membership meeting - 7:10am Chalet Restaurant
12	Wed	Mt. St. Helen E-Board - 12:00pm Oak Tree Restaurant
10	Mon	CWC Chapter Meeting Sweetbriar Inn 11:30am -1:00pm
20	Thur	Santiam E-Board Meeting - 4:00pm Marion Polk Building Industry Bldg
20	Thur	Mt St Helens Memberhsip Mtg - 7:30 Charlie's, Longview
25	Tue	CWC E Committee 7:30am Elmers Sandy Blvd.

December

2	Tue	Santiam membership meeting - 7:10am Chalet Restaurant
3	Wed	Mt. St Helen's E Board 12:00 Oak Tree Restuarant
8	Mon	Membership Meeting Columbia Willamette Chapter - Sweetbriar 11:30
18	Thur	Mt St Helens membership Mtg - 7:30 Charlies
18	Thur	Santiam E Board Meeting - 4:00 Marion Polk Building Industry Bldg
25	Tue	Happy Holidays

Be sure to check out the webpage www.assecwc.org for Chapter and Section bylaws, minutes, announcements, and job listings, etc.

A Word from Our President...

The last month has been very eventful. We have accomplished a great deal, yet we still have much more to come. As many of you have heard our Chapter Vice President, Wesley Lashbrook has once again been deployed. This time he is in Sarajevo and his stint there is scheduled a little longer. I have communicated with Wes by phone and email and he still remains very active with the Chapter, despite his physical location. Look for his articles in upcoming issues of Safety Emphasis. I know that the Chapter wishes him well and hopes that he comes home soon. His new bride, Mary DeVany, has been filling in for him.



Other Columbia-Willamette Chapter highlights included hosting the Region I Operating Committee (ROC) Meeting on October 1-2, including a dinner and hilarious comedy night at Harvey's Comedy Club and a PDC on Generation Aptitude Progressive (GAP) Training, featuring ASSE Manager, Chapter Services, Carla Rea. I know that our members and attendees benefited from Carla's presentation and are grateful to Headquarters for sending her to discuss this timely and important topic.

Now for a 2005 GOSH Conference Update. Things are already going strong. All of the committee chairs have been selected and are already working. The 2005 GOSH Conference Contest is already underway. We are looking for great ideas for a theme, logo and a color scheme. The winner(s) will receive paid admission to the conference, and written and public recognition in all conference literature and during the opening session. If you have an innovative idea for a color scheme or a logo or you would like to volunteer on one of the committees, please contact me directly at parsonsdre@earthlink.net.

I hope that you are planning to attend one of our Brown Bag Training lunches or a monthly membership meeting soon. I will see you there!

Sincerely

David R. Parsons, President
ASSE Columbia-Willamette Chapter

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