



SAFETY EMPHASIS

“SAFETY THROUGH EDUCATION”

A MONTHLY NEWSLETTER OF THE COLUMBIA-WILLAMETTE CHAPTER OF
THE AMERICAN SOCIETY OF SAFETY ENGINEERS

May 2004

www.assecwc.org

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Mt. St. Helens

Chris Carlson
360/397-2446

Safety Break For Oregon

Safety Break for Oregon 2004 is an annual event where we recognize that workplace safety and a strong economy are related.

It's very easy to get involved - Some-time during that day, talk with your workers and co-workers about how valuable making a safe workplace is to business - take a "Coffee Break for Safety" or a "Safety Lunch Break" to recognize your employees who have great safety performance records and remind your team members just how critical working safely is to maintaining a competitive role in your marketplace (as well as being the right thing to do to keep everyone on the job safely). This also might be a good opportunity to consider 'family' events where the loved ones of workers can participate in a workplace event to remind people of the number one reason to have a safe workplace.



May 7 - **Brown Bag Lunch**

11:30am - 1:00pm Space is Limited. RSVP Early!
(See attached Flyer)

May 10 - **Columbia Willamette Membership Meeting**

Sweetbriar Inn, Tualatin 11:30 AM - 1:00 PM

Membership Meeting Topic : Keeping In Motion

Speaker: Richard Crampton

Methods the Safety Professional can use to assess and control the physical risks from static standing and sitting will be reviewed. Richard Crampton will review the health effects of prolonged static behaviors, the body systems affected, and current control methods, techniques for prevention, and useful equipment.

Richard Crampton has spent most of his life in maintenance (as a millwright) and in the construction trades, specializing in dry bulk material handling equipment. Using this first-hand knowledge, several years ago he founded Working Concepts, Inc., which develops and provides ergonomically designed products for blue collar workers.

Don't miss this informative presentation May 10.

***Volunteers are the Key to our
Success***

Santiam Section News by Allan Samarin

Deb Fell-Carlson, BSN RN COHN, Loss Control Consultant with SAIF Corporation was the presenter at the April meeting. Her topic, "Dodging the Bugs" - Strategies for Infectious Disease Prevention. The presentation introduced the basics of disease transmission and exposure prevention. Updates on emerging diseases such as SARS and West Nile Virus were also discussed.

The Santiam Section voted to provide \$500 towards scholarships for the upcoming 2004 Healthcare Ergonomics Conference that will be held in Portland July 26-28. Watch for details on how the scholarships can be accessed in the next issue of Safety Emphasis.

This summer the Section's August meeting will be at Willamette Mission State Park. It will feature a barbeque and summer activities. The date is August 13th.

Mt. St. Helens April Membership Meeting by Fred Caron

Chris Carlson opened the meeting at 7:30 AM at the Monticello, followed self-introductions. **James Bobst** introduced this month's speaker, **Amy Aronsky DO, FCCP**, Medical Director of the Center for Sleep Disorders at St. Johns Medical Center in Longview.

Dr. Aronsky started by asking everyone to see a show of hands of everyone who had eight hours of sleep last night? There were very few hands. She said the study of sleep disorders is a fairly new science, and that their Center is seeing about 2,000 patients a year. Dr. Aronsky went into detail for the causes and effects of some of the major sleeping disorders. There were many questions from the attendees and an excellent exchange of dialog.

The meeting adjourned at 9:00 AM. The next board meeting is on Wednesday May 5 at the Oak Tree in Woodland at Noon. **Note: The next membership meeting will be the May 14th PDC on Fleet Safety at the Water Resource Center in Vancouver.** Our Section is looking for persons right now to work with Herb Maxey to select topics for the Accident Prevention Fundamentals Panel for the Washington Governors Conference this fall. Contact Herb, Fred Caron or Chris Carlson.



Creating the Culture....."Safety is a Way of Life" by Tony Howard

The Mt. St. Helen's Section ASSE completed their annual mission of supplying personal protective equipment to high school shop classes this month. Tony Howard and Bruce Rosebrock made presentations at Wahkiakum High (Cathlamet) with member David Riggs. Tony and Bruce then went to Ilwaco High & Knappa High (Astoria). With generous donations from The Mallory Company (Longview), Safety & Supply Company (Portland) and AGC of Oregon, the schools received various quantities of safety glasses, face shields, ear plugs, ear muffs, work gloves, welding gloves, dust masks and first-aid kits, depending on their needs. Educational videos were also distributed in an effort to teach the students the important benefits of wearing PPE.

FLEET SAFETY SEMINAR

The Mt. St. Helens Section in conjunction with the St. Paul Insurance Company and the Washington State Patrol is presenting a full day seminar May 14, ***Fleet Safety, Critical Exposure to Successful Business***. The presenters include Randy Lovell, Construction Specialist, from The St. Paul Companies, Danny A. O'Neill, Washington State Trooper, Linda Powell and John Wabel, Commercial Vehicle Enforcement Officer with the Washington State Patrol.

This seminar is designed to teach:

1. How to identify critical components of a fleet safety management program (for companies with 1-500 vehicles).
2. The 5 "core goals" of the Washington State Patrol and how to minimize exposure.
3. How to avoid the greatest risks on the road.
4. Components of a Motor Vehicle Report and how to use the information to improve your fleet program
5. Simple tips for improving accident frequency in inclement weather.
6. Tools to improve the bottom line.

This session is at the Water Resource Education Center in Vancouver Washington. The cost is \$100 for an ASSE member and \$125 for a non member. For more information or to register to attend this session please contact Chris Carlson Chris.Carlson@clark.wa.gov or Fred Caron fcaron@longfibre.com.

WORKPLACE SAFETY, HEALTH AND ENVIRONMENTAL PRACTITIONERS TO CELEBRATE NORTH AMERICAN OCCUPATIONAL SAFETY, HEALTH WEEK MAY 2-8

During the week of May 2-8 thousands of members of the American Society of Safety Engineers (ASSE) will be sponsoring educational forums, employee and community safety fairs, and, distributing free key occupational safety, health and environmental information countrywide as they celebrate the annual North American Occupational Safety and Health (NAOSH) Week.

"We urge everyone to join us in supporting NAOSH week as it focuses national attention on how to prevent work-related injuries and illnesses," ASSE President James "Skipper" Kendrick, CSP, said. "It's a good opportunity to highlight the benefits of businesses investing in effective safety, health and environmental (SH&E) programs and, the positive impact it has on the economy, as well as the significant role SH&E professionals play in keeping workplaces safe and workers healthy."

During NAOSH week ASSE, its members and partners will work to educate the public on what is being done and can be done to prevent these tragedies. Some of the tools they will use include ASSE's free brochures titled 'ASSE's Workplace Safety Guide for New Workers' and 'ASSE's Hazardous Materials Safety Information Guide.'

For more information visit www.asse.org.

Key Dates to Remember

May

4	Tue	Santiam membersip meeting - 7:10am Chalet Restaurant
5	Wed	Mt. St. Helen E-Board - 12:00pm Oak Tree Restaurant
10	Mon	CWC Chapter Meeting Sweetbriar Inn 11:30am -1:00pm
20	Thur	Santiam E-Board Meeting - 4:00pm Marion Polk Building Industry Bldg
20	Thur	Mt St Helens Memberhsip Mtg - 7:30 Monticello Hotel, Longview
25	Thur	CWC Executive Committee Mtg 7:30 am Elmers

June

1	Tue	Santiam membership meeting - 7:10am Chalet Restaurant
2	Wed	Mt. St Helen's E Board 12:00 Oak Tree Restuarant
14	Mon	Membership Meeting Columbia Willamette Chapter - Sweetbriar 11:30
17	Thur	Mt St Helens membership Mtg - 7:30am Monticello
17	Thur	Santiam E Board Meeting - 4:00 Marion Polk Building Industry Bldg
22	Tue	CWC Executive Committee Mtg 7:30 am Elmers

Be sure to check out the webpage www.assecwc.org for Chapter and Section bylaws, minutes, announcements, and job listings, etc.

Welcome New Members
Abby Burnett
Steven Darval

A Word from Our President...

On April 19-20 Kimberly Gamble and I attended the Regional Operating Committee (ROC) Meeting. At this meeting, representatives from our Region met and discussed what is happening within our region. If you will remember, our Chapter hosted the ROC Meeting last fall. The Hawaii Chapter hosted this one. Many of us who attended the meeting also helped the Hawaii Chapter by presenting at the PAC RIM Safety and Health Conference.



Much of the ROC meeting was reports from other Chapters and discussions about non-dues revenue building. We talked about how we can pull together and strengthen our membership and leadership and draw more people into our organization. Over all, we got a lot of work accomplished.

Congratulations to the following members who have recently reached a milestone with ASSE.

25 Years of Service: Chris Grover, Steve Austin, Richard (Dick) Fabbro, John Flynn, Valerie Saiki

40 Years of Service: George Higgins

50 Years of Service: Bruce Linkous

Remember, May 2-8, 2004 is NAOSH Week and May 12th is Safety Break for Oregon.

Have a safe month and I hope to see you at one of our functions.

Sincerely

President

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