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# Safety Emphasis

A Monthly Newsletter of the Columbia - Willamette Chapter of  
**THE AMERICAN SOCIETY OF SAFETY ENGINEERS**

January 2005

## January 10 Membership Meeting

**Kent G. Johnson / Forensic  
Toxicologist / Legacy Metrolab**

**Subject:** "Challenges of Occupational  
Drug Testing"

Kent Johnson has a B.S. in Biology, with a minor in Chemistry, and has completed course work for a Masters/PhD degree in Toxicology. He has 28 years experience in Medical, Behavioral and Occupational/Forensic Toxicology. Kent is a Certifying Scientist and Toxicologist, and is certified by the College of American Pathologists as a Scientific Director. He has made many court and litigation appearances in several states, performed research on new testing methods, and is published in the area of forensic toxicology. He is also a member of the Society of Forensic Toxicologists and the American Academy of Forensic Scientists. Kent also serves as an inspector of DHHS/SAMHSA certified laboratories and serves on the Substance of Abuse Advisory Panel for the State of Oregon. Plan to attend and RSVP to [tony-howard@earthlink.net](mailto:tony-howard@earthlink.net)

**Happy  
NEW  
YEAR**

## Highlights from the Mt. St. Helens Section Christmas Party



Section Chairman, James Bobst, says "WOW!" after opening his gift, while Chair-Elect, Marty Rouse, stands dazed in utter amazement. After all the trading, stealing and other traditional hoopla, neither one of them ended up with the gift.



While Past Chapter President, Clint Van Arsdell, examines his more "feminine" side, Carl Oman checks out the big hits on his "Chipmunks Christmas" CD.

**VOLUNTEERS ARE THE KEY TO OUR SUCCESS**

## Nominations and Election Committee

By Dave Parsons

As Past President I'm the Chair of the Nominations and Election Committee. My duties are to select a committee, and with the committee's assistance, identify members who are interested in running for office for the Chapter. The persons running for these positions need to have the support of their employer.

The members of the Nominations and Election Committee for the year 2005-2006 are Dave Parsons, Chair, Joe Miller and Brian Clarke.

The committee is working to find members who are interested in running for office. If you have any questions or would like to run, please contact me at [parsonsdrr@comcast.net](mailto:parsonsdrr@comcast.net) and I can let you know what the responsibilities are for that office.

## ARM 55 Scheduled to Begin in January

The ARM 55 class, Essentials of Risk Control, is scheduled to begin January 12, 2005. Classes will be held for 13 weeks from 5:00pm – 6:30pm at the Maywood campus of Mt. Hood Community College. The class is the second of three classes. Students passing the test for all three classes will receive the ARM certification (Associate of Risk Management).



**ARM 55—Essentials of Risk Control covers the following:** Framework of Risk Control, Crisis Management Planning, Controlling Fire Losses, Protecting Health Potential of Personnel, Safer & More Productive Workplaces, Rehabilitation Management, Controlling Losses, Motivating & Monitoring Risk Control Activities, System Safety

The class is a cooperative activity of the Columbia Willamette Chapter and Mt. Hood Community College. To enroll in the class, please complete the registration form in this newsletter and submit it to Mt. Hood Community College. If you have questions please call Karen Blythe, (503) 618.8871.

## Construction Safety Summit by Michelle Potter

The Steering Committee for the Construction Safety Summit has been hard at work developing training topics for the New Year. Our next meeting is scheduled for January 25<sup>th</sup> and we are pleased to have Jackie Owens from the Big Pipe project present to our group.

Jackie Owens received a degree in Occupational Safety and Health from Texas State Technical College. In 1997 Jackie started working in safety for Obayashi Corp in Los Angeles on the Metro Red Line. Jackie has worked on projects in California, Utah,

Texas, Illinois and Oregon.

The December meeting marked my last meeting as the Chair Person for the Summit. I'm very pleased that John Cox has accepted the position and I'm confident that John and Al Arguedas will continue to do an excellent job in providing quality training for our group. It has been my pleasure working with all of you the last couple of years and I will continue to assist the Steering Committee. In fact, we are always looking for volunteers and would welcome your input.



## WE DID IT THANKS TO YOU!

By Tony Howard

All 39 OR-OSHA & ASSE volunteers had a great time during the 12/06/04 OPB Television Pledge Drive. The volunteers helped raise \$8,915 from people calling in pledges and \$1,345 from call-outs for a grand total of **\$10,260**. Congratulations to **Michelle Potter (ASSE / Walsh Construction)** for being the volunteer that collected the most money from call-outs (\$380).

Not only was this event a fun one, but a very kind gesture of community service. During this difficult period of governmental budget cuts, OPB needs everyone's help. The hosts did an excellent job of recognizing both organizations and promoting the 2005 Oregon Governor's Occupational Safety & Health Conference.



A big "THANK YOU" to all the volunteers!!!



Michelle Potter, Tim Fasching, Gary McQuown, Holly Yoder & Jim Castaneda

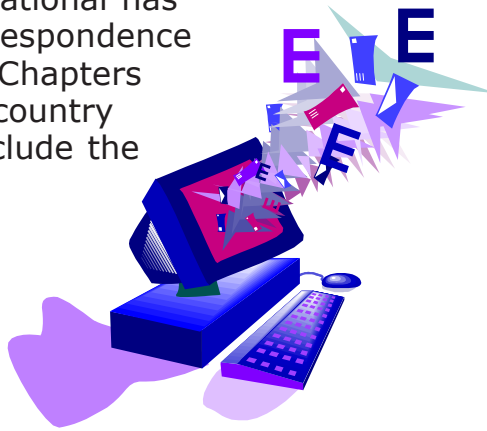
*Thank  
you!*

## Membership E-mail-and Update: by Jamal AbuSneineh

Have you wondered about the Chapter's e-mail system, how you get those multiple e-mails in one month, how you get informed of the various events? If you answered yes to any of the above questions, then this short article is for you. If you answered no, then just continue to scroll down.

We thought it might be a good idea to share with the membership how we maintain the email system and membership directory. The process of being added to our e-mail list has evolved in the last two years. Basically, the actual maintenance of the membership list is done by the Secretary of the Chapter, with periodic updates from National.

With 489 members in the Columbia-Willamette Chapter, the list is continuously updated. As many of you know, the Chapter continues to grow and members continue to either change companies or change their basic e-mails. Further more, National has established correspondence guidelines that Chapters throughout the country follow. They include the following:



### E-Mail Correspondence Guidelines

All e-mails must include the following information:

- If the notice is for any event that charges a fee, including a Chapter meeting, information identifying the e-mail as an advertisement or solicitation (which does not have to appear in the header or subject line).
- A clear statement that the recipient has the ability to opt-out of receiving future unsolicited e-mail using the following language:  
"If you have received this e-mail in error or would like to be removed from our list, please contact ASSE Headquarters at 847.699.2929, fax: 847.296.3769, e-mail: customerservice@asse.org."
- The sender's physical postal address.

If you have any questions, please contact the chapter secretary, Jamal M AbuSneineh at 503-823-5316 or [jamalab@ci.portland.or.us](mailto:jamalab@ci.portland.or.us)



*Thank you, Jamal M AbuSneineh*

## Mark Your Calendars for Upcoming Chapter Meetings

*2nd Monday of Every Month 4:00 -6:00pm at the Days Inn 1414 SW 6<sup>th</sup> Portland*

- January 10** Legacy Health Systems - Challenges of Drug Testing in the workplace
- February 21** Joint Meeting with Occupational Health Nurses-Topic: HIPPA Regulations  
(Note 3rd Monday in Feb.)
- Feb. 28 – March 3, 2003** GOSH Conference

## Past Presidents Honored By Tony Howard

Thirteen (13) CWC Past-President's were in attendance for the December membership meeting that was presented by Brian Clarke, Bruce Poinsette and Fred Caron. The topic was "The History of Safety".

This collective effort started with Brian Clarke sharing some great safety history dating from biblical times to the present. Some of what he covered included maritime safety & the sinking of the Titanic in 1914, The Hawk's Nest Tunnel incident and the Imperial Food Fire in 1996.

Bruce Poinsette & Fred Caron had on display several safety handbooks dating back to the early 1900's and "Portland Chapter" Safety Emphasis publications from the 1950's.

These two dug back into their intellectual archives to share how the first Oregon GOSH conference came about.

- Did you know the Portland Chapter was chartered in 1941 and was renamed the Columbia-Willamette Chapter in 1986?
- Remember when the membership meetings were held at the Lloyd Center Sheraton/Red Lion. How about the Hi-Hat?
- Did you know that Jack Durkin and Don Werner were responsible for establishing the Mt. St. Helens Section in 1989?

There were many memorable stories and photos from past Chapter activities shared with the group. There were lots of chuckles and laughter had by all.

Good Job Guys!



**Past Pres. Lonnie Turner with wife Patti**



**Past Pres. Bruce Poinsette, Fred Caron and Dave Parsons**



**Past Pres. John Remmers**



**Past Pres. Barb Aguon**



**Past Pres. Dan Sabatino and Phil Lemons**



**Past Pres. Eric Fuller, David Sparks and Karen Blythe**



**Past RVP Brian Clarke**

Photos provided by Bruce Conrad

## Environmental Safety and Health Program at Mt. Hood Community College

by Kim Gamble

First, a special **THANK YOU** to all of our members who supported the EHS program and wrote letters to MHCC encouraging the administration to keep the program off any elimination lists.

I am happy to report to you that I have received word that MHCC's EHS program was NOT on the list of programs that will be cut.... this time around.

Thank you all for sending letters and emails to the school voicing your support of this program. But the EHS program is not out of the woods yet. Due to low enrollment and the cost of full time enrollments, this program will most likely remain on a "watch list."

There are several things our profession, locally, can do to help the school keep this program. Professional development may be one such opportunity. If your employees need training in the EHS field, Mt. Hood may be able to provide that training for you at very reasonable cost. Please contact Dr. Javid Mohtasham, (503.491.7440 [mohtashj@mhcc.edu](mailto:mohtashj@mhcc.edu)) for information about what special courses the college can provide to employers.

If any of you have any ideas about professional development partnering opportunities with MHCC or would be interested in MHCC providing an OHST or CHST study course as a special class or as part of the program please contact Karen Blythe at [cicp@comcast.net](mailto:cicp@comcast.net).

## What's new at OSHA?



Have you checked out the Federal OSHA webpage recently? They just announced a new safety and health webpage on chemical reactivity hazards. The page is a product of two national alliances with OSHA; the Dow Chemical Company and the Reactives Alliance (consisting of the EPA and six organizations involved in the chemical industry). The page addresses particular standards that apply to the chemical manufacturing, distribution, use and storage industries (OSHA, DOT & EPA standards) as well as hazard evaluation, control and prevention and training resources. To find out more go to [www.osha.gov/SLTC/reactivechemicals/](http://www.osha.gov/SLTC/reactivechemicals/)

## PRESIDENTIAL TRIVIA

The slogan "A chicken in every pot and a car in every garage" is identified with which presidential candidate?



- A. Franklin Roosevelt
- B. Herbert Hoover
- C. Woodrow Wilson
- D. Harry Truman

We select answer B because:

This statement is attributed to Hoover's 1928 presidential campaign. Hoover won, but four years later, in the midst of the Great Depression, Democrats asked what happened to the prosperity promised by the Republican's chicken/car slogan.

Franklin Roosevelt's 1940 campaign slogan was "No American boys will be involved in war on foreign soil".

Woodrow Wilson's re-election campaign slogan was "He kept us out of the war".

Harry Truman's campaign slogan was "Give 'em hell, Harry!"

**MARK YOUR CALENDARS!** It's GOSH time again. The bi-annual Oregon Governor's Occupational Safety and Health Conference is once again upon us. The GOSH conference will be held at the Portland Convention Center from February 28 through March 3, 2005. The GOSH conference really is a world-class educational opportunity that offers a range of presentations for almost anyone in safety and health. There are professional development courses available for the seasoned safety veteran as well as general safety and health education for a new safety committee member.

Attendees can receive continuing education units for individual classes or for the entire conference. For those pursuing their CSP or CIH, the conference will be offering, for the first time, a study course for the full conference fee of \$275.00

One of the best features of this conference is the exhibition hall featuring approximately 200 safety and health exhibitors. This is an excellent opportunity to visit, in one location, many different exhibitors to learn about new safety equipment, industrial hygiene testing equipment, or meet local safety and health consultants. There is still time (and space) for exhibitors to register, however the spaces are selling fast.

To register as an attendee or exhibitor or to download an information flyer go to [www.b-there.com/breg/GOSH2005register](http://www.b-there.com/breg/GOSH2005register)



*Kimberly Gamble, CHST*

## Members Vote to Donate Money

During the December general membership meeting, members voted to send the money from the 2004 Raffle Fund to the Lisa Gander Fund. Lisa Gander is the daughter of a Santiam member and she is ill with Hashimoto's Encephalopathy. President Kim Gamble will present the check to the family.

Our thanks go to Bruce Conrad who takes care of the raffle every month for the chapter.



## ASSE 2004-2005 OFFICERS AND COMMITTEE CHAIRS

### President

Kimberly Gamble, CHST  
[kimg@andersen-const.com](mailto:kimg@andersen-const.com)  
503.283.6712

### President Elect

Frank Upham  
[upham@deacon.com](mailto:upham@deacon.com)  
503.297.8791

### Vice President

Tony Howard, CSP  
[Tony-Howard@earthlink.net](mailto:Tony-Howard@earthlink.net)  
503.799.3916

### Secretary

Jamal AbuSneineh  
[jamala@ci.portland.or.us](mailto:jamala@ci.portland.or.us)  
503.823.5316

### Treasurer

Jill Jones  
[jsafety@juno.com](mailto:jsafety@juno.com)  
503.351.7947

### Treasurer Elect

Lee Briney-Ekman  
[lbriney@lhs.org](mailto:lbriney@lhs.org)  
503.413.5016

### House Delegates

Gene Patrick CSP, ARM  
[patrickg@ohsu.edu](mailto:patrickg@ohsu.edu)  
503.494.2588

Bill Wood, ARM, CHST

[billwoodjr@iglide.net](mailto:billwoodjr@iglide.net)  
503.970.0588

**Delegates at Large**  
Melissa Diede, CSP, ALCM

[MELDIE@Saif.com](mailto:MELDIE@Saif.com)  
503.598.5808

Stan Strickland

[stans@e-c-co.com](mailto:stans@e-c-co.com)  
503.224.3511

### Mt. St. Helens Section Chair

James Bobst  
[jbobst@pacfibres.com](mailto:jbobst@pacfibres.com)  
360.577.7112

### Santiam Section Chair

Tim McDonald  
[timacd@saif.com](mailto:timacd@saif.com)  
(503) 373-8778

### Past President

Dave Parsons, CSHM  
[parsonsd@comcast.net](mailto:parsonsd@comcast.net)  
503.789.4736

Dan Sabatino, CSHM, CHST

[Safetyrm0550@msn.com](mailto:Safetyrm0550@msn.com)  
503.699.0550

### Safety Emphasis

Karen Blythe  
503.665.1149  
[cicp@comcast.net](mailto:cicp@comcast.net)

**VOLUNTEERS ARE THE KEY TO OUR SUCCESS**

# Associate in Risk Management

## Mt. Hood Community College Professional Development

Will offer an ARM 55 for those interested in  
obtaining their Associate in Risk Management (ARM) designation.

12 classes plus 1 review session January 12 through April 6, 2005.

\$200.00      Wednesdays      5-6:30 pm

Mt. Hood Community College  
Maywood Campus Room 220  
10100 N.E. Prescott  
Portland, Oregon

Books must be purchased on line through the American Institute for CPCU @ [www.aicpcu.org](http://www.aicpcu.org).  
Please read the first chapter prior to the first class and be prepared for discussion. Please  
complete the registration form and mail to the address listed below.

Providing your social security number is voluntary. If you provide it, the college will use your social security number for keeping records, doing research, aggregate reporting, extending credit and collecting debts. Your social security number will not be given to the general public. If you choose not to provide your social security number, you will not be denied any rights as a student. Please read the statement on page 8 in the MHCC class schedule which describes how your number will be used. Providing your social security number means that you consent to use of the number in the manner described.

SOCIAL SECURITY NUMBER			
LAST NAME	FIRST NAME	M.I.	
ADDRESS	CITY/STATE	ZIP	
PHONE	SEX	BIRTHDATE	MOTHER'S MAIDEN NAME
COUNTY OF LOCAL RESIDENCE	HIGH SCHOOL LAST ATTENDED	STATE	DATE OF HS

Will you have lived in Oregon for 90 days before classes begin? YES  NO

RESIDENCY STATUS - check one  
 US Citizen/Permanent Resident of OR, CA, ID, NV, or WA  
 US Citizen/Permanent Resident NOT RESIDING in OR, CA, ID, NV, or WA  
 International Student (Visa Type)

**YOUR FULL PAYMENT MUST ACCOMPANY THIS FORM**

Do not send cash or stamps. Method of payment (check one):

- Check payable to MHCC
- Money order payable to MHCC
- VISA or MASTERCARD

*Please mail registration form and payment to:*

*Professional Development  
Attn: Barbara Hoffstetter  
Mt. Hood Community College  
26000 SE Stark Street  
Gresham, OR 97030  
If you are paying with a credit  
card, you may register by  
(503) 491-7585 or FAX  
(503) 491-7390.*

Name on card	Card number & exp. date	Signature of <small>phone</small>			
COURSE#	SEC.	COURSE NAME	DATE	ROOM	COST
ARMX55	71	Essentials of Risk Management	1/12-4/6	Maywood 220	\$200

**Please circle your responses:**

**ETHNIC DATA:**

- AM American Indian/Native Alaskan
- AS Asian/Pacific Islander
- BL Black, Non-Hispanic
- HI Hispanic
- UN Unknown
- WH White, non-Hispanic

**HIGHEST SCHOOL COMPLETION:**

- D. Adult High School Diploma
- G. GED
- H. High School graduate
- N. Did not complete
- S. Still in high school
- U. Unknown

**HIGHEST DEGREE LEVEL:**

- 0. None
- 1. Other (short term training)
- 2. 1-year certificate
- 3. 2-year degree
- 4. Bachelor's Degree
- 5. Master's Degree
- 6. Ph.D or Professional Degree

**MHCC EDUCATIONAL GOAL:**

- A. 1-year certificate or 2-year degree
- B. High School Diploma or GED
- C. None
- D. Undecided
- E. No response

**MAIN REASON FOR ATTENDING**

- A. Take classes/transfer to 4-yr college
- B. Learn skills to get a job
- C. Improve job skills
- D. Explore career/educational options
- E. Take classes to finish High School/ GED
- F. Improve writing/reading/math skills
- G. Learn English
- H. Personal interest/enrichment
- I. Other
- J. No response

**EMPLOYED - While in attendance**

- F. Full-time (35+ hrs/week)
- P. Part-time (5-34 hrs/week)
- N. Not employed

**If you need assistance due to a disability, please contact the Disability Services Office at 503-491-6923 or 503-491-7670 (TDD).**